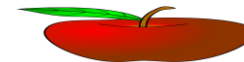











October Lunch Menu



HIGH

| | TUESDAY 1 | WEDNESDAY 2 | THURSDAY 3 | FRIDAY 4 | |
|---------------|---|---|--|--|---|
| <i>Line 1</i> | Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water... fountains are either in the cafeteria or right outside and cups are available upon request.   | Crispy Chicken Wrap w/ Sauces Pulled Pork Nachos w/Cheddar Cheese | Philly Cheese Steak Sandwich Chicken Tetrizzini / Roll | Hot Dogs on a Bun Fish Nuggets w/ Hushpuppies | |
| <i>Line 2</i> | | Crispy Chicken Wrap w/ Sauces Pulled Pork Nachos w/Cheddar Cheese | Philly Cheese Steak Sandwich Chicken Tetrizzini / Roll | Hot Dogs on a Bun Fish Nuggets w/ Hushpuppies | |
| <i>Line 3</i> | | Crispy Chicken Wrap w/ Sauces Pulled Pork Nachos w/Cheddar Cheese | Philly Cheese Steak Sandwich Chicken Tetrizzini / Roll | Hot Dogs on a Bun Fish Nuggets w/ Hushpuppies | |
| <i>SIDES</i> | Baked Beans Creamy Coleslaw Rosy Applesauce Fruit Choice Chocolate Chip Cookie | Roasted Potatoes Seasoned Corn Pineapple Tidbits Fruit Choice | Tater Tots w/ Ketchup Glazed Carrots Sliced Peaches Fruit Choice | Steamed Broccoli Seasoned Corn Sliced Pears Fruit Choice | |
| | MONDAY 7 | TUESDAY 8 | WEDNESDAY 9 | THURSDAY 10 | FRIDAY 11 |
| <i>Line 1</i> | Chicken w/Cheese Quesadilla BBQ Pork Sandwich on a Bun | Chicken Tenders & Waffles w/ Syrup Sausage,Egg,Potatoes,Brkfst Bowl/Bis | Homemade Macaroni and Cheese / Roll Southern Style Meatloaf / Roll | Teriyaki Chicken Nuggets Pork Carnitas Tacos w/ Cheese | Pepperoni or Cheese Pizza Spaghetti w/ Meat Sauce, Roll |
| <i>Line 2</i> | Chicken w/Cheese Quesadilla BBQ Pork Sandwich on a Bun | Chicken Tenders & Waffles w/ Syrup Sausage,Egg,Potatoes,Brkfst Bowl/Bis | Homemade Macaroni and Cheese / Roll Southern Style Meatloaf / Roll | Teriyaki Chicken Nuggets Pork Carnitas Tacos w/ Cheese | Pepperoni or Cheese Pizza Spaghetti w/ Meat Sauce, Roll |
| <i>Line 3</i> | Chicken w/Cheese Quesadilla BBQ Pork Sandwich on a Bun | Chicken Tenders & Waffles w/ Syrup Sausage,Egg,Potatoes,Brkfst Bowl/Bis | Homemade Macaroni and Cheese / Roll Southern Style Meatloaf / Roll | Teriyaki Chicken Nuggets Pork Carnitas Tacos w/ Cheese | Pepperoni or Cheese Pizza Spaghetti w/ Meat Sauce, Roll |
| <i>SIDES</i> | Fresh Pico De Gallo Taco Sauce, Sour Cream Mexican Street Corn Pintos and Cheese Orange Wedges | Fresh Vegetable Cup w/Ranch Glazed Carrots Sliced Peaches Fruit Choice | Mashed Potatoes Side Salad w/ Dressing Orange Wedges Fruit Choice | Asian Rice, Sour Cream, Taco Sauce Shredded Lettuce, Diced Tomato Cup Fresh Pico De Gallo Side Salad w/ Dressing, Green Beans Apple Wedges Fruit Choice | Steamed Broccoli Seasoned Corn Sliced Pears Fruit Choice |
| | MONDAY 14 | TUESDAY 15 | WEDNESDAY 16 | THURSDAY 17 | FRIDAY 18 |
| <i>Line 1</i> |  FALL BREAK NO SCHOOL |  FALL BREAK NO SCHOOL |  FALL BREAK NO SCHOOL | Chicken Patty on a Bun BBQ Pork Sandwich on a Bun | Pepperoni or Cheese Pizza Spaghetti w/ Meat Sauce, Roll |
| <i>Line 2</i> | | | | Chicken Patty on a Bun BBQ Pork Sandwich on a Bun | Pepperoni or Cheese Pizza Spaghetti w/ Meat Sauce, Roll |
| <i>Line 3</i> | | | | Chicken Patty on a Bun BBQ Pork Sandwich on a Bun | Pepperoni or Cheese Pizza Spaghetti w/ Meat Sauce, Roll |
| <i>SIDES</i> | | | | Baked Beans Tater tots Ketchup, Mayonnaise Apple Wedges Fruit Choice Chocolate Chip Cookie | Steamed Broccoli Seasoned Corn Sliced Pears Fruit Choice |
| | MONDAY 21 | TUESDAY 22 | WEDNESDAY 23 | THURSDAY 24 | FRIDAY 25 |
| <i>Line 1</i> | Beef Soft Taco w/ Cheese Chicken Tacos w/ Cheese | Crispy Chicken Wrap w/ Sauces Pulled Pork Nachos w/Cheddar Cheese | Philly Cheese Steak Sandwich Chicken Tetrizzini / Roll | Hot Dogs on a Bun Fish Nuggets w/ Hushpuppies | Cheese Sticks w/ Marinara Southwest Chicken Rice Bowl/ Roll |
| <i>Line 2</i> | Beef Soft Taco w/ Cheese Chicken Tacos w/ Cheese | Crispy Chicken Wrap w/ Sauces Pulled Pork Nachos w/Cheddar Cheese | Philly Cheese Steak Sandwich Chicken Tetrizzini / Roll | Hot Dogs on a Bun Fish Nuggets w/ Hushpuppies | Cheese Sticks w/ Marinara Southwest Chicken Rice Bowl/ Roll |
| <i>Line 3</i> | Beef Soft Taco w/ Cheese Chicken Tacos w/ Cheese | Crispy Chicken Wrap w/ Sauces Pulled Pork Nachos w/Cheddar Cheese | Philly Cheese Steak Sandwich Chicken Tetrizzini / Roll | Hot Dogs on a Bun Fish Nuggets w/ Hushpuppies | Cheese Sticks w/ Marinara Southwest Chicken Rice Bowl/ Roll |
| <i>SIDES</i> | Salsa, Taco Sauce, Sour Cream Shredded Lettuce, Tomato Cup Seasoned Corn Pintos and Cheese Sliced Pears Fruit Choice | Baked Beans Creamy Coleslaw Rosy Applesauce Fruit Choice Chocolate Chip Cookie | Roasted Potatoes Steamed Broccoli Pineapple Tidbits Fruit Choice | Tater Tots w/ Ketchup Glazed Carrots Sliced Peaches Fruit Choice | Steamed Broccoli Seasoned Corn Sliced Pears Fruit Choice |
| | MONDAY 28 | TUESDAY 29 | WEDNESDAY 30 | THURSDAY 31 | |
| <i>Line 1</i> | Chicken w/Cheese Quesadilla BBQ Pork Sandwich on a Bun | Chicken Tenders & Waffles w/ Syrup Sausage,Egg,Potatoes,Brkfst Bowl/Bis | Homemade Macaroni and Cheese / Roll Southern Style Meatloaf / Roll | Teriyaki Chicken Nuggets Pork Carnitas Tacos w/ Cheese | ***FREE - MealViewer-in your Favorite App. Store!*** |
| <i>Line 2</i> | Chicken w/Cheese Quesadilla BBQ Pork Sandwich on a Bun | Chicken Tenders & Waffles w/ Syrup Sausage,Egg,Potatoes,Brkfst Bowl/Bis | Homemade Macaroni and Cheese / Roll Southern Style Meatloaf / Roll | Teriyaki Chicken Nuggets Pork Carnitas Tacos w/ Cheese Cream | |
| <i>Line 3</i> | Chicken w/Cheese Quesadilla BBQ Pork Sandwich on a Bun | Chicken Tenders & Waffles w/ Syrup Sausage,Egg,Potatoes,Brkfst Bowl/Bis | Homemade Macaroni and Cheese / Roll Southern Style Meatloaf / Roll | Teriyaki Chicken Nuggets Pork Carnitas Tacos w/ Cheese | ***See your Child's Menu on your phone, tablet, or computer*** |
| <i>SIDES</i> | Fresh Pico De Gallo Taco Sauce, Sour Cream Mexican Street Corn Pintos/ Cheese Orange Wedges Fruit Choice | Fresh Vegetable Cup w/Ranch Glazed Carrots Sliced Peaches Fruit Choice | Mashed Potatoes Side Salad w/ Dressing Orange Wedges Fruit Choice | Asian Rice, Sour Cream, Shredded Lettuce, Diced Tomato Cup Fresh Pico De Gallo, Green Beans Side Salad/ Dressing, Apple Wedges |   |

